

PREFACE

Where did we go wrong?

How could 100 million Lightworkers, highly evolved beings from distant parts of the galaxy, have become so severely compromised that most of us have failed to fulfill our missions?

Even though I arrived on this planet long before terms like Wanderers, Indigos, Crystal Children, or Starseeds became popularized, it wasn't until recently that I finally received the last pieces of the puzzle to answer these questions.

I have come to realize that the inability of humans to get along has brought the planet's population to the brink of annihilation. Over the years, I have gathered information fragments that started forming patterns. As I began putting those fragments into writing, I felt guided by a *Cosmic Intelligence* that downloaded much of the information in this book.

The revelations have stunned me.

Transitioning from author to scribe, I went through a rollercoaster of emotions as the gaps between my fragments began to fill in. At first, I couldn't believe the information I was given. But as the undeniable picture emerged, I found myself overwhelmed by outrage and deep despair. Finally,

I reached a point of acceptance as disturbing details about the Creation and subsequent enslavement of the human race were disclosed.

I was shown with remarkable clarity the hidden history of the human race and who their extraterrestrial creators, viewed as gods by most humans, actually were. I learned how and why the human race remains enslaved until now. Cosmic Intelligence revealed how Lightworkers became unwittingly trapped in the energetic web of this matrix. More importantly, this source shared what those Lightworkers need to do to break free of the malefic control that blocks them from fulfilling their missions.

The existential challenges confronting humans at this critical juncture of their collective timelines have long been known. That is why about 100 million Lightworkers are currently incarnated in human form to shed some light on this particularly dark corner of the cosmos.

The planet's controllers' artificial intelligence algorithms were keenly aware of each extraterrestrial's arrival and devised special programming to effectively divert their focus from their objectives. Despite their highly elevated consciousness quotient, the overwhelming majority of these loving Lightworkers have succumbed to the manipulative deception of this illusion and forgotten their lineage. Some of those trapped cosmic rescuers are probably people you know.

For most of the planet's more than eight billion inhabitants, the concept of spiritual evolution remains a mystery that will be encountered in some future time and place. Humans have been so deftly deceived and

manipulated that few can envision an infinite Universe beyond the various *Kingdoms of Heaven* promised in various religious doctrines.

We have all been frustrated trying to communicate with those unwilling to listen and refuse to consider the possibility that their cherished beliefs might have been maliciously implanted. Instead, they arrogantly relegate those who question authority to the outer fringes of lunacy. This schism has divided families and destroyed friendships.

The information you are about to read will help repair that schism.

Imagine that the spell imprisoning humanity can be broken only by exposing how the evil sorcerers manifested the deception that continues to completely confound people. Although religious writings refer to the construct of lies fed to humankind, they fail to reveal its method and purpose.

*You will know the truth...
and the (real) truth shall make you free.*

The [*Allegory of the Cave*](#)¹ has long been considered one of Plato's most significant teachings. Yet, its newer and far-timelier version has passed virtually unnoticed since it was first introduced in 1992 in the Walt Disney Pictures animated film [*Aladdin*](#)².

Aladdin's story revolves around the grand prize found at the far end of the enchanted *Cave of Wonders*—a mysterious cavern with a storehouse of immeasurable wealth, inaccessible to all who are not pure enough to resist the enticements distracting them from the only true treasure the cave contains.

This ultimate treasure is a small, ordinary-looking brass lamp housing a wish-granting genie. It patiently awaits the arrival of its new owner on an elevated stone column at the cave's far end. The path, wending its way to the deep recesses where the simple lamp can be found, is enveloped by worldly temptations of riches beyond compare.



Temptations luring the unaware.

To finally reach the lamp, the seeker must ignore the stacks of gold and silver, the piles of rubies, diamonds, emeralds, and the aristocracy's beautifully crafted necklaces, crowns, and bracelets.

In this allegory, the lamp offers the gift of self-realization, while the physical treasures represent the myriad existential issues humanity is currently confronting. The forces controlling the matrix use these issues as bait to lure the ego, trapping enlightened beings into the illusion of selfless service.

For the purposes of this writing, let's redefine ego as that small part of false self-awareness that is completely unaware of any existence outside the boundaries of its own limited perceptions.

The dilemma faced by every light worker on this planet is reminiscent of Hamlet's soliloquy:

*To be, or not to be: that is the question:
Whether 'tis nobler in the mind to suffer
The slings and arrows of outrageous fortune,
Or to take arms against a sea of troubles,
And by opposing end them?*

Hamlet is pondering the same question facing each Lightworker:

*Is it better to be alive or dead?
Is it better to become fully conscious
or succumb to the alluring temptations of the matrix?*

There is no question that humanity now faces the consequences of many life-ending circumstances. We must remember who we are and why we've agreed to be here at this pivotal moment in Earth's transition.

Accepting human incarnation necessitates incorporating ego into one's being. This shadow sense of self demands constant validation and reinforcement. Consequently, it will quickly be drawn to the good fight, taking arms against that endless sea of troubles systematically unleashed by a malefic hierarchy of savvy controllers to distract you.

You are about to embark on a tumultuous journey that will turn your world upside down. What you will uncover in these pages has been deliberately hidden for millennia. Virtually nothing you were ever told was the truth. You have no idea who you really are.

Fortunately, a little-known solution will allow you to break free of the matrix without attracting undue attention. It is deceptively simple but requires specific preparation before you are ready to transcend the false beliefs and knowledge that continue to trap you in a contrived illusion.

Attaining the insights from mastering two simple words will free you from the matrix and restore innate supra-human abilities deliberately removed from this race.

Cultivate Self-awareness

The information in this book will teach you how to attain the insight these two words provide. This will help you become immune to the extensive brainwashing that has controlled this planet since the beginning of humanity. It will help you fulfill the mission you agreed to and protect you from the continuous incarnation cycles that doom those trapped in the controllers' energetic web.

CHAPTER ONE



I Am Not From Here

Since early childhood, I have known that I came from elsewhere and that Earth was not my home. I was split; one part was immersed in everyday life while the other was taking notes. As a child, I told myself I was an eighth of a second out of phase.

I honestly didn't understand what that meant at the time. I just accepted it as a part of who I was and never told my parents or spoke about it until recently. Occasionally, someone else who felt similarly out of place would recognize me, and we would share a knowing wink.

My time among humans has been richly rewarding. The range of emotions available in the third density (the consciousness frequency range experienced by humans on Earth—see the note below to define the concept of densities further) is far greater than those I vaguely remember in the higher realms of consciousness. This octave of experience must provide extraordinarily novel feedback to the Universe by allowing consciousness to interact with itself so deeply.

When asked where I came from, I would feign seriousness and respond, "Do you want to know where I was born? Or where I grew up? Or where I live now? Or do you want to know where I'm really from?" If I felt people around me were taking themselves a bit too seriously, I would pause for dramatic effect, as if considering the more profound implications of their question, and playfully say, "I came from my mommy."

It would be interesting if no one were permitted to leave the third density without first writing a page or two encapsulating the personal wisdom attained during their lifetime. At the least, it would prompt considerable thought and introspection.

While on this planet, I have accumulated startling realizations that diverge significantly from the accepted human narrative.

The term "density," used throughout this book, refers to progressive frequency bands of consciousness. The seven densities can be likened to the portion of the electromagnetic spectrum that the human eye can see. As the colors shift from red at the lower end of the visible spectrum to violet at the top, the wavelengths become increasingly refined (shorter), moving from 700 nanometers to 400 nanometers. So it is with the densities in which the consciousness quotient is lowest in the first density (the elemental kingdom of earth, water, air, and fire) and infinitely high in the eighth (merging with the All-That-Is).

Each density provides different levels of experience and awareness with specific lessons to be learned along the way. The principal lessons of the third density (such as humans living on planet Earth) will be discussed later in this book. For a complete explanation of each of the densities, see my previous book, [Going Deeper—How to Make Sense of Your Life When Your Life Makes No Sense](#)³.

CHAPTER TWO



The Two Critical Steps To Breaking Free

Consider that there are over 100 million fellow Lightworkers currently on Earth. That means we account for one out of every eighty beings alive today. This is a significant number, and once we align with our mission, our cumulative effect will be nothing short of transformative.

That mission is best described as providing sufficient Love/Light energy to create a vibrational field to induce humans to awaken.

Sounds simple enough. Then, why isn't it happening?

Most Lightworkers are highly evolved beings whose consciousness quotient is further developed from humans as humans are from a grain of sand. Yet, we were unprepared for the degree to which highly clever malefic forces have manipulated this planet's matrix since the inception of the human race.

Consequently, we have forgotten our true lineage and become trapped. Being a Lightworker asks that you become bipolar, not in terms of the bipolar disorder psychological condition, but in you having two distinct and simultaneous points of view. It is clear that the overwhelming majority of “New Agers” – including Lightworkers – have so profoundly embraced their human persona that they’ve all but dismissed their extraterrestrial origin.

It is time to reestablish your alien perspective.

Accept it. Like me, Lightworkers are strangers in a strange land being bombarded by values that are inimical to our true nature. In time, circumstances distracted us to the point that monetary abundance and driving the kids to soccer practice or dance class have become our main contributions to the welfare of humanity.

Please forgive my bluntness.

We are all in a burning movie theater, and meekly whispering, “Fire” serves no one. The challenge is that the movie is so riveting that the audience would rather endure the increasing heat than disconnect from the virtual reality on the screen.

We need to sound the alarm and break the hypnotic trance.

If I could reach out and physically shake every fellow team member ... I would.

If I could reach out and hug every group member ... I would.

If I had a better way to let each of you know how deeply the Universe loves you ... I would use it.

Until then, I can only let my words do it for me.

**What changes must be made
to fulfill our mission to help humanity awaken?**

The first step is to realize that the time for attempting to involve yourself in man's political, economic, social, environmental, and other affairs has passed. Something significant and completely unappreciated by humankind has dramatically changed your role.

You are a galactic being and need to begin thinking in galactic terms.



Remember your true identity.

You need to move past the concept of fixing anything and focus on rediscovering who you *really* are.

When you assume human form, you have only two control mechanisms that determine the direction of your life--your attention and your intention. The formula is straightforward:

$$\text{Attention} + \text{Intention} = \text{Manifestation}$$

Now is the time to pause, reevaluate, and consciously restructure your priorities. This is such a momentous shift in your journey that whatever you may have done before is irrelevant unless the “human ego” part of you continues to confuse your actions (both positive and negative) with your true identity.

Your first task is to discover who you really are. There are many paths up the mountain leading to self-awareness. I leave it to you to find the one that best resonates with your inner core. If you are ready and no teacher appears, I commend the technique presented in chapter fifteen. It is highly effective and unexpectedly quick.

Why Are You Here At This Precise Moment in Time?

The second step needed to align with your mission is to assimilate the critical information you are about to learn. Once you factor in this galactic perspective, you begin disentangling from the matrix’s web.

As one of the 100 million Lightworkers on this planet, you must wonder why so many of us are here at this specific time.

The answer lies in probability, a branch of mathematics that considers events and assigns numerical descriptions to how likely they are to occur. If something is deemed impossible, it is designated by a zero value. If the looming event is an inviolate certainty, it is given the value of one. Because of the vagaries of choice and free will, reality always lies somewhere between the two.

For example, when psychics view the future, they see probable timelines. They can report back events that will happen, but they cannot know, with any degree of certainty, which timeline will intersect with a specific future event. What they report seeing does take place, but it may not be on the timeline incorporating your particular reality.

Returning to the original question of why we are all here, ask yourself: what event could be predicted with such absolute certainty that it caused so many highly evolved beings from higher planes of consciousness to come to this planet now?



One cosmic year equals 225 million Earth years.

To grasp the concept of such an event, visualize a specially-made cuckoo clock where the bird comes out every hour, singing a different song each time. Also, imagine that each melody will have a distinct frequency, producing a specific emotional reaction for all who hear it. Over time, you will know every hour by the sound made, and you will be able to predict, with a probability value of one, what the next sound will be and the emotional reaction it will trigger.

The same is true of every galaxy in the Universe, including the Milky Way. The galaxy is the clock, and your solar system, circling the central sun (black hole) at its center, is the hands on the clock.

One complete rotation — called a galactic or cosmic year — of your Sun (together with all her attendant planets), traveling at an average speed of

514,000 miles per hour (828,000 km/h), takes approximately 225 million Earth years to complete.

Imagine the circle traced by a full rotation of your Sun around the galaxy, resembling a huge apple pie. Visualize that pie cut into a trillion equal slices or segments, each with different frequency characteristics. As the Sun passes through succeeding segments of the great circle, Earth is bathed in varying energetic patterns, each triggering a different potential reaction in all forms of consciousness—including the elemental kingdom, plants, animals, humans, and the planet herself.

When the solar system's planets modulate those energetic patterns (like Earth, all planets are also sentient beings in their own right), those skilled in astrology can read and interpret the resultant triggers.

Particular segments on this grand galactic clock have been designed as super-triggers, which means they will initiate and support significant evolutionary changes over a very short period.

Earth and its eight billion human inhabitants have recently entered such a super trigger, specifically designed to evoke a density shift in galactic terminology.

Understanding the term “density” is so critical to grasping the events unfolding on this planet that it needs to be further illuminated. As you've already read, this term delineates the eight levels of progressive frequency

bands of consciousness that extend from the lower consciousness of the mineral kingdom to the supreme consciousness of Source.

The first seven densities can be likened to the portion of the electromagnetic spectrum that the human eye can see. As the colors shift from red at the lower end of the visible spectrum to violet at the top, the wavelengths become increasingly refined (shorter), moving from 700 to 400 nanometers. So it is with the densities in which the consciousness quotient is lowest in the first density (the elemental kingdom of earth, water, air, and fire) and infinitely high in the eighth (merging with the All-That-Is).

The consciousness band of humans on this planet is the third density, akin to the third chakra (solar plexus) or the color yellow. The cosmic trigger has opened the portal to the fourth density, akin to the fourth chakra (heart) or the color green. Earth is already well into this transition. The Grand Cosmic Plan originally intended that most of this planet's human inhabitants accompany her on this passage.

Unfortunately, this is not the case. Willful, malefic interference with the development of human consciousness has made the number of individuals ready to advance to the fourth density exceedingly small.

The existential factor is that an early fourth-density planet (Earth) cannot support third-density beings. Only humans with sufficient self-awareness can join her when this planet emerges fully in the fourth density. The rest will be taken (reincarnated) to other third-density planets elsewhere in the galaxy.

Cosmic Intelligence knew the instant your Sun was about to enter the triggering segment of the Great Galactic Clock. It was also aware of the dire circumstances befalling humans, severely limiting their ability to advance to the fourth density.

That is why we are all here at this precise moment in time.

The collective Love/Light of 100 million Lightworkers has made a significant difference. It has contributed to the recent departure of the malefic extraterrestrial forces controlling this planet since the inception of the human race. It is also helping some humans awaken sufficiently to join Earth in her transition to the fourth density.

Once you finish reading the material in the following chapters, you will have a broader perspective of the light vs dark game being played. More importantly, you will know your part in it and the direction you must follow to achieve your mission.